



Your Rights

Ōu Tika

when receiving a health or disability service

mo to whiwhinga ratonga hauora, hauātanga rānei



The Code of Rights means that you should have:
Mā tēnei Ture Tiaki i ōu Tika, ka ahei kia u nga tikanga:

1. Respect
Mana



2. Fair treatment
Manaakitanga



3. Dignity and independence
Tū rangatira motuhake



4. Appropriate standards
Tautikanga



5. Effective communication
Whakawhitiwhitinga whakaaro



6. Information
Whakamōhio



7. Choice and consent
Whakaritenga mōu ake



8. Support
Tautoko



9. Rights during teaching and research
Ako me te rangahau



10. Your complaints taken seriously
Amuamu



For support and information, contact your local advocate or the Health and Disability Commissioner:

Mō nga kaupapa tautoko, mōhiotanga, whakapā atu ki te roopu tautoko i tau rohe, ki te Toihau Hauora, Hauātanga:



HDC Te Toihau Hauora, Hauātanga
hdc.org.nz | 0800 11 22 33



Advocacy Ngā Kaitautoko
advocacy.org.nz | 0800 555 050